

GLUTEN-SENSITIVE MENU

PLEASE NOTIFY YOUR SERVER IF YOU REQUIRE A GLUTEN-SENSITIVE MEAL AND STATE CLEARLY WHICH DISHES YOU REQUIRE GLUTEN-SENSITIVE.

The dishes on this menu do not contain any gluten. However, although great care is taken we do use gluten in our kitchens and as a consequence traces of gluten (from the environment) could be present.

STARTERS

CRISPY DUCK FRIES Sweet Chilli Sauce,
Chillies, Spring Onions £8

GARLIC KING PRAWN SKEWERS
Ranch Mayo Dressing, Baby Gem Salad £8

HOMEMADE SOUP OF THE DAY
Wholemeal Roll & Butter £6

SMOKY BBQ PORK RIBS
Baby Gem Salad, BBQ Sauce £7.50

BAKED WHOLE CAMEMBERT Sweet Chilli Dip,
Garlic Toasts £12 (v) – to share

TAPAS

GRILLED TIGER PRAWNS Garlic Butter £6.50

ROASTED PADRÓN PEPPERS
Maldon Sea Salt £4 (ve)

HOUSE OLIVES Garlic & Herb Oil £3.50 (ve)

HALLOUMI CHIPS Sriracha Mayo £6 (v)

CHARRED TENDERSTEM BROCCOLI
Red Chillies & Almond Flakes £3.50 (ve)

CAJUN SWEET POTATO WEDGES
Spicy BBQ Mustard Sauce £3.50 (ve)

MAINS

POSH FISH & CHIPS Tempura Battered Monkfish Tails, Garlic King Prawn Skewer, Skinny Fries,
Tartar Sauce, Sweet Chilli Dip, Petits Pois £14.50

CRISPY DUCK LEG Sautéed Baby Potatoes, Red Onions, Green Beans & Cherry Tomatoes,
Sweet Chilli Sauce, Toasted Sesame Seeds £14.50

SMOKY BBQ PORK RIBS Crispy Onion Rings, Mixed Leaf Salad, Skinny Fries,
BBQ Sauce: Half Rack £11 / Full Rack £16

TIGER PRAWN CAESAR SALAD Grilled Tiger Prawns, Crispy Smoked Bacon, Garlic Croutons,
Shaved Parmesan, Classic Caesar Dressing, Baby Gem Lettuce £13.50

THE CLASSIC BURGER Handmade Steak Burger, Maple Bacon, Smoked Cheese, Pickles, Tomato,
Baby Gem, Wholemeal Roll, House Burger Sauce, Skinny Fries £14.50

THE GOOD STUFF

Healthy Food bursting with Flavour & Goodness

HONEY & CHILLI GLAZED SALMON FILLET Tenderstem Broccoli, Steamed Rice, Sesame Green Beans £15

SKINNY BIRD Grilled Harissa Chicken Fillets, Halloumi, Mixed Leaf Salad, Olives,
Oven Baked Cajun Sweet Potato Wedges, House Sauce £14.50

(v)= Vegetarian

(ve)= Vegan

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SIDES

WHOLEMEAL GARLIC BREAD £2.50 (v) / MIXED LEAF SALAD £3 (v)

CHEESY FRIES £4.50 (v) / SKINNY FRIES £3.50 (ve) / CRISPY ONION RINGS £3.50 (ve)

FRESHLY PREPARED WHOLEMEAL ROLL

CHICKEN & SUN-BLUSHED TOMATO PESTO MAYO Baby Gem Lettuce £7.50

APPLEWOOD SMOKED CHEDDAR Caramelised Red Onion Chutney £7.50 (v)

MARINATED ROAST BEEF STRIPS Melted Cheese, Pickles, House Sauce, Onions £8

Add Skinny Fries to any Roll £2.50

(Wholemeal Rolls Served Monday – Saturday 12-6pm)

PUDDING

APPLE & SUMMER BERRY CRUMBLE served with Custard £6.50

SELECTION OF DAIRY ICE CREAMS £2.50 per scoop:

Very Vanilla / Salted Caramel

SMALL PEOPLE

HANDMADE 4oz CHEESE BURGER Wholemeal Roll, Skinny Fries £6.50

KING PRAWN SKEWER Skinny Fries, Garden Peas £7

CRISPY HALLOUMI SALAD Baby Gem Lettuce, Cherry Tomatoes £6.50 (v)

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GREAT BRITISH ROASTS SERVED EVERY SUNDAY